

eliminating racism  
empowering women

**ywca**

Northern New Jersey

Bergen • Essex • Hudson • Morris • Passaic

WORK LIFE

# WORK-LIFE BALANCE IN OUR NEW WORLD

Now is the time to look more closely at how balanced – or actually – imbalanced our lives are when it comes to the new hybrid work-life scenarios. Hear from our experts on how to manage it all.

PANELIST



Michele Brown

Principal/CEO/Certified  
Executive Coach  
Intu Action Coaching

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Tanvi Mathew

Psychotherapist/Life Coach/Founder  
& Clinical Director of Emerge - The  
Counseling & Coaching Center

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Tanisha Russell Day

Founder & Managing Consultant  
of KEY HR Consulting, LLC

MODERATOR



Denisa Moss- Heitlager

Director of Marketing  
McLaren Engineering Group

Inspiring and connecting women to learn, grow, and lead.

YWCA Northern New Jersey



A Women's Empowerment Network

Friday, June 11<sup>th</sup>

10:00 - 11:00 AM

FREE! Via Zoom

Zoom Log-In Credentials will be sent  
to all registered participants 24 hours  
before the event.

REGISTER TODAY!

[ywca\\_weonthego\\_61121.eventbrite.com](https://ywca_weonthego_61121.eventbrite.com)

For more information, please contact  
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