YWCA Northern New Jersey Hosts Virtual Women’s Speaker Series through March
Sharing engaging conversations with female leaders during Women’s History Month

March 1, 2021—YWCA Northern New Jersey kicked off its virtual 2021 Women’s Speaker Series—Shoulder to Shoulder on March 1st from 10 - 11am with Dr. Chris T. Pernell, Chief Strategic Integration and Health Equity Officer, University Hospital. To register - https://ywcannjwlc2021march.eventbrite.com

During Women’s History Month dynamic leaders will share honest stories about their trials, triumphs and everything in between to elevate, inspire, and prepare women to tackle any obstacle that might be holding them back. The series, which launched on March 1st with Dr. Chris T. Pernell encourages women to build courage and resiliency, especially through hardships as a way to live a more genuine and authentic life.

Led by YWCA CEO Helen Archontou the remaining series will feature the following speakers:

- Dr. Balpreet Grewal-Virk, Vice President Community Engagement Northern Region at Hackensack Meridian Heath - Thursday, March 11th at 10 - 11 am
- Jeannine LaRue, Founder, LaRuelist Report and Senior Vice President of the Kaufman Zita Group - Monday, March 15th at 10 - 11 am
- Rachel Antonoff, Fashion Designer, Wednesday, March 24th at 7-8pm

The series will conclude with a virtual Networking Event, on Wednesday, March 31st at 7-8pm giving attendees the opportunity to share their thoughts and feeling about the themes and topics that were covered.

“Many women have experienced so much during COVID like the loss of a loved one, getting furloughed or downsized from a job, caring for family members or homeschooling children” says YWCA Northern New Jersey CEO Helen Archontou. “It’s been a tough year, and it’s so important that we stand together, Shoulder to Shoulder. We want to help women achieve success, make bold decisions and be inspired to find their true purpose.”

To learn more about YWCANNJ or to donate to our Y NOW FUND visit their website at ywcannj.org/donategive.

About YWCA Northern New Jersey

YWCA Northern New Jersey is dedicated to eliminating racism, empowering women, and promoting equality for all. We operate healingSPACE, Bergen County’s only Sexual Violence Resource Center (hotline: 201-487-2227), and are a provider of year-round child care, and senior wellness programs. Our 100th year kicked off the expansion of our service area to include Essex, Hudson, Morris, and Passaic counties and our continued commitment to Bergen. We improve the lives of thousands of women, girls, and families with the generous support of our donors. Learn more by visiting ywcannj.org, following @ywcannj on social media.

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