As you know YWCA Northern New Jersey’s healingSPACE, is Bergen County’s only sexual violence resource center. We have enjoyed working with your district over the years and would like to continue to support your students and staff during this time of remote learning.

Please know our team is prepared to provide virtual prevention and education training. We are able to conduct virtual workshops through either live virtual instruction or through a pre-taped video learning opportunity. Both could include a post-presentation quiz or any other learning materials that are helpful.

**PREVENTION AND EDUCATION WORKSHOPS**

**SEXUAL VIOLENCE 101**
Sexual Violence 101 provides basic knowledge related to the different types of sexual violence and consent, as well as the pertaining laws for the state of New Jersey. Supportive services and resources are also provided to those affected by sexual violence. One Dose Workshop

**HUMAN TRAFFICKING 101**
Human trafficking 101 provides a basic knowledge of human trafficking, with an emphasis on Domestic Minor Sex Trafficking (DMST). One Dose Workshop

**SEXUAL HARASSMENT**
This introductory workshop helps to identify and define the various types of sexual harassment and the laws that protect survivors. One Dose Workshop.
HEALTHY/UNHEALTHY RELATIONSHIPS
Designed to help identify boundaries, self-esteem and various aspects of healthy and the unhealthy relationships. One Dose Workshop.

INTERNET SAFETY/SOCIAL MEDIA SAFETY
This workshop showcases the dangers found on the internet and social media. Participants will be taught how to protect themselves from online predators, and offers resources and reporting options to help survivors. One Dose Workshop.

CONSENT
Provides different scenarios that provoke discussion on what constitutes consent and what does not. The definition of consent and the laws in NJ around consent are reviewed and addressed. One Dose Workshop.

MEDIA LITERACY
Created to empower and expand your knowledge on how the media shapes our understanding of sexual violence and harassment. Seven Dose Workshop.

Bystander Intervention
Understand the definition of what a bystander is, while learning how to safely intervene or assist someone who needs help. One Dose Workshop.

MY LIFE MY CHOICE
Developed to empower young ladies by facilitating real conversations about real world issues. Learn more about the commercial sex industry and how to protect yourself and others from exploitations. Ten Dose Workshop.

PREVENTING EXPLOITATION OF LBGTQ YOUTH
Designed with the purpose to educate LBGTQIA+ youth about Human Trafficking and Exploitation as well as the dangers they specifically face due to their vulnerabilities. One Dose Workshop.

Our team is happy to work with you to customize this educational experience. Please contact Dana at dana@ywcanj.org with any questions.

Stay safe,
Dana S. Carter
Dana S. Carter
YWCA NNJ healingSPACE Prevention Education Coordinator

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