Empower U(niversity) is the YWCA NNJ’s 10 month girls personal, professional, and empowerment program. Meetings will be held 3 times a month virtually, with a mix of evidence based activities and lessons, as well as female mentors appearing as guest speakers.

Questions?
Contact Elian Mustafa
emustafa@ywcanj.org
201-345-1891

CALLING ALL
10th Grade Girls!
From Bergen, Essex, Hudson, Morris & Passaic counties

GIRLS CAN EXPECT TO:
► Explore different professions and college programs
► Develop professional relationships with female leaders and professionals in the area
► Learn public speaking, interviewing skills, and professionalism
► Identify and explore their own unique strengths
► Create connections with strong women, and friendship with girls in the program
► Topics we will cover include: financial literacy, self-care, personal strengths/interests, community engagement, and more!

Cost=$100/girl*
*Program scholarships are available

Apply now through September 20th!
APPLICATION

YWCA Northern New Jersey
214 State Street
Suite 203A
Hackensack, NJ 07601

Questions?
Contact Elian Mustafa
emustafa@ywcanj.org
201-345-1891

CALLING ALL
10th Grade Girls!
From Bergen, Essex, Hudson, Morris & Passaic counties

GIRLS CAN EXPECT TO:
► Explore different professions and college programs
► Develop professional relationships with female leaders and professionals in the area
► Learn public speaking, interviewing skills, and professionalism
► Identify and explore their own unique strengths
► Create connections with strong women, and friendship with girls in the program
► Topics we will cover include: financial literacy, self-care, personal strengths/interests, community engagement, and more!

Cost=$100/girl*
*Program scholarships are available

Apply now through September 20th!
APPLICATION

YWCA Northern New Jersey
214 State Street
Suite 203A
Hackensack, NJ 07601

Questions?
Contact Elian Mustafa
emustafa@ywcanj.org
201-345-1891