STATISTICS ON SEXUAL VIOLENCE

...a person is sexually assaulted.

One in three women and one of six men experience sexual violence in their lifetimes.

64% of trans people experience sexual assault in their lifetimes.

One in four girls and one in six boys will be sexually abused before they turn 18.

12% of child sexual abuse is ever reported to the authorities.

Nearly two-thirds of college students experience sexual harassment.

More than 90% of sexual assault survivors on college campuses do not report the assault.

90%+ More than half of female rape survivors report being raped by an intimate partner and 41% by an acquaintance.

More than half of male survivors report being raped by an acquaintance and 15.1% by a stranger.

YWCA Northern New Jersey

healingSPACE
Support - Prevention - Advocacy - Counseling - Empowerment
Bergen County’s Sexual Violence Resource Center
24/7 Hotline: 201-487-2227

214 State Street, Suite 207
Hackensack, NJ 07601
Office: 201-881-1750

Mission
To empower survivors and help them heal from all forms of sexual violence through support, advocacy, counseling, and resources.

To prevent sexual violence through education, training, and awareness to create a safe community for all people including the LGBTQ community.

Download the healingSPACE app:

Download the healingSPACE app:

GET IT ON

To support healingSPACE, visit ywcannj.org and click DONATE.

eliminating racism empowering women
ywca
Northern New Jersey

YWCA Northern New Jersey is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

Bergen • Essex • Hudson • Morris • Passaic
ywcanj.org
SEXUAL VIOLENCE...

- Occurs when a person is forced, coerced, and/or manipulated into any unwanted sexual activity. Consent is not obtained or freely given.
- Is usually perpetrated by someone the survivor knows. The perpetrator's motive is not sexual gratification, but to control, humiliate, and/or degrade another person.
- Is a traumatic experience that can cause many different feelings and reactions. Survivors may have nightmares or intrusive thoughts, and feel jumpy and easily startled. Survivors may blame themselves, second-guess their feelings, and avoid anything that reminds them of the experience. Survivors may feel sadness, guilt, shame, anxiety, or numbness.

SEXUAL VIOLENCE CAN HAPPEN...

- At any time, night or day. Anywhere: at home, on a date, in a car, or in a public place.
- To any person regardless of sex assigned at birth, gender identity, gender expression, age, race, sexual orientation, appearance, religion, occupation, or education level. Sexual violence can happen to anyone.

Visit ywcannj.org or call 201-881-1750 to learn more about our services.

24/7 Hotline: 201-487-2227

Our free, confidential services support survivors of sexual violence and their loved ones as well as anyone who needs information about sexual violence. Whether a person experienced sexual violence today or many years ago, we are here to help.

CONFIDENTIAL SEXUAL VIOLENCE ADVOCATES ARE AVAILABLE 24/7 TO PROVIDE:

- Short-term crisis intervention counseling.
- Medical and legal accompaniments to emergency rooms, medical appointments, law enforcement agencies, and legal proceedings within Bergen County.
- Information, referrals, and resources about all medical, legal, financial, and support options for survivors, family, and friends as well as case management.

INDIVIDUAL AND GROUP COUNSELING SERVICES

Experienced trauma-trained clinicians provide free short- and long-term counseling to survivors and their loved ones regardless of gender identity. Clients under 16 need parental consent for ongoing counseling.

LEGAL ADVOCACY PROGRAM

Accompany survivors to all civil court dates and law enforcement interviews, refer clients to appropriate legal representation, and help complete Victims of Crime Compensation applications.

healingSPACE WELCOMES ALL

PREVENTION EDUCATION & TRAINING

Host events in the community and provide primary prevention education and training programs for schools, organizations, businesses, and diverse professionals.

Events include:
- Sexual Assault Awareness Month
- Denim Day
- Clothesline Project on the Green
- Week Without Violence
- Traveling Clothesline
- Art of Healing

Visit ywcannj.org to learn more or call 201-881-1750 to schedule a prevention event in your school, business, or community.

healingSPACE

VOLUNTEER OPPORTUNITIES

Volunteer advocates staff our 24/7 hotline, accompany survivors and loved ones to medical and legal proceedings, conduct community education and training, and support and staff our awareness events. Advocates undergo 40 hours of training, and participate in a statewide certification program.

Visit ywcannj.org or call 201-881-1750 to learn more about becoming a volunteer.