



JOB READINESS WORKSHOPS

with Contract Employment Specialist Sandra Bleckman

VIRTUAL WORKSHOPS INCLUDE:

IDENTIFY YOUR STRENGTHS & BOOST YOUR CONFIDENCE

Do you get uncomfortable and never know how to answer the question, “Tell me about yourself?” We all have individual strengths and abilities that make us who we are. This workshop will help you to tap into your special talents and boost your confidence when speaking about yourself.

PERSONAL BRANDING

Discover and market your most valuable asset...YOU! Learn how to uncover your digital footprint and what it says about you. Develop your own personal brand and show the world how you want the world to see you.

RESUME DEVELOPMENT

Recruiters spend an average of six seconds looking at your resume. Learn how to make yours stand out from the crowd. Identify the key words necessary to highlight your experience and match them to the position you are applying for.

MASTERING THE ART OF THE INTERVIEW

Interviewing 101 - Uncover the art of the interview process. Discover the most common interview questions and how to answer them with confidence. Learn how to handle a digital interview with ease.

COMMUNICATION & NETWORKING

Communication sounds simple—we talk to people every day—but it’s so much more than the actual words we speak. Learn to communicate effectively and efficiently, and grow your personal and professional networks.

LINKEDIN - WHAT IS IT AND HOW TO NAVIGATE IT?

Learn the ins and outs of this essential social networking tool that focuses on professional networking and career development.

All workshops will be held via HIPAA-compliant remote platform

Our virtual programs are open to healingSPACE survivors or anyone who has experienced sexual trauma. Join our HIPAA-compliant platform by contacting your clinician or emailing Alysa at aluna@ywcannj.org.

Program made possible by the Victim Assistance Grant through the NJ Office of the Attorney General.

YWCA Northern New Jersey



Download our healingSPACE App today!

Available on:



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